



THE AFRICA ADVENTURE COMPANY

www.AfricanAdventure.com / 1-800-882-9453



SUGGESTED PACKING LIST

WOMEN'S CLOTHING	FIRST AID
<input type="checkbox"/> Sandals or lightweight shoes	<input type="checkbox"/> Anti-malaria pills (prescription)
<input type="checkbox"/> Walking shoes or lightweight hiking shoes	<input type="checkbox"/> Vitamins
<input type="checkbox"/> Wide-brimmed hat	<input type="checkbox"/> Aspirin/Tylenol/Advil
<input type="checkbox"/> Windbreaker	<input type="checkbox"/> Motion sickness pills
<input type="checkbox"/> Sweater or fleece (plus wooly hat and scarf)	<input type="checkbox"/> Decongestant
<input type="checkbox"/> 3 pr. pants	<input type="checkbox"/> Throat lozenges
<input type="checkbox"/> 3 pr. shorts	<input type="checkbox"/> Laxative
<input type="checkbox"/> 5 pr. sport socks	<input type="checkbox"/> Anti-diarrhea medicine
<input type="checkbox"/> 3 short-sleeve shirts	<input type="checkbox"/> Antacid
<input type="checkbox"/> 3 long-sleeve shirts	<input type="checkbox"/> Antibiotic
<input type="checkbox"/> Swimsuit/cover-up	<input type="checkbox"/> Cortisone cream
<input type="checkbox"/> 1 pr. casual slacks or skirt	<input type="checkbox"/> Antibiotic ointment
<input type="checkbox"/> 1 or 2 blouses	<input type="checkbox"/> Anti-fungal cream or powder
<input type="checkbox"/> 6 pr. underwear	<input type="checkbox"/> Soap and shampoo - only bring a small supply.
<input type="checkbox"/> 3 bras (1 sports bra – for rough roads)	<input type="checkbox"/> Band Aids (plasters)
<input type="checkbox"/> Pajamas	CAMERA EQUIPMENT
<input type="checkbox"/> OPTIONAL – 1 cocktail dress	<input type="checkbox"/> Digital memory cards/Film
<input type="checkbox"/> OPTIONAL - 1 pr. dress shoes	<input type="checkbox"/> Camera bag or backpack
MENS' CLOTHING	<input type="checkbox"/> Lens tissue/brush
<input type="checkbox"/> Sandals or lightweight shoes	<input type="checkbox"/> Extra camera batteries
<input type="checkbox"/> Walking shoes or lightweight hiking shoes	<input type="checkbox"/> Flash
<input type="checkbox"/> Wide-brimmed hat	<input type="checkbox"/> Flash batteries
<input type="checkbox"/> Windbreaker	<input type="checkbox"/> Battery charger and adapters
<input type="checkbox"/> Sweater or fleece	<input type="checkbox"/> Waterproof bags for lenses and camera body
<input type="checkbox"/> 3 pr. pants	<input type="checkbox"/> Beanbag, small tripod or monopod
<input type="checkbox"/> 3 pr. shorts	<input type="checkbox"/> Extra video camera batteries
<input type="checkbox"/> 3 short-sleeve shirts	<input type="checkbox"/> Video charger
<input type="checkbox"/> 3 long-sleeve shirts	<input type="checkbox"/> Outlet adapters (3-prong square/round plugs)
<input type="checkbox"/> Swim trunks	<input type="checkbox"/> Cigarette lighter charger(optional)
<input type="checkbox"/> 1 pr. casual slacks	<input type="checkbox"/> Binoculars
<input type="checkbox"/> 1 sports shirt	GIFTS AND TRADES
<input type="checkbox"/> 6 pr. underwear	<input type="checkbox"/> T-shirts
<input type="checkbox"/> Belts	<input type="checkbox"/> School supplies (paper) and pens (lots)
<input type="checkbox"/> Pajamas	<input type="checkbox"/> Inexpensive watches
<input type="checkbox"/> OPTIONAL 1 pr. Dress slacks/shoes/dress socks	<input type="checkbox"/> Children's magazines and books
<input type="checkbox"/> OPTIONAL 1 dress shirt/jacket/tie	<input type="checkbox"/> Balloons



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SUNDRIES	SUNDRIES
○ Passport (with visas, if needed)	○ Q-tips/cotton balls
○ International Certificates of Vaccination	○ Nail clipper
○ Air tickets/vouchers	○ Emery boards
○ Money pouch	○ Makeup
○ Credit cards	○ Tweezers
○ Personal checks	○ Razor
○ Insurance cards	○ Sewing kit
○ Pocket calculator	○ Small scissors
○ Sunglasses/guard	○ Tissues (travel packs)
○ Spare prescription glasses/contacts	○ Handi-wipes (individual)
○ Copy of prescription(s)	○ Anti-bacterial soap
○ Eyeglass case	○ Laundry soap (for washing delicates)
○ Prescription drugs	○ Large waterproof bags for damp laundry
○ Medical summary from your doctor (if needed)	○ Copy of <i>African Safari Field Guide</i>
○ Medical alert bracelet or necklace	○ Maps
○ Thermometer	○ Business cards
○ Insect repellent (small bottle)	○ Pens
○ Sunscreen/sun block	○ Deck of cards or other board games
○ Shampoo (small container) supplied in rooms	○ Reading materials
○ Conditioner (small container) – supplied in rooms	○ Decaffeinated coffee/herbal tea
○ Deodorant	○ Sugar substitute
○ Toothpaste & Toothbrush	○ Mosquito Netting – supplied
○ Hairbrush/comb	○ Mosquito repellent – supplied by most camps or lodges in the room

LAUNDRY/LUGGAGE WEIGHT

- Laundry can be done daily at most camps and lodges, weather and water availability permitting. In many smaller camps this service is free. Larger lodges and hotels charge the equivalent as in the U.S. The camp staff may not wash ladies underwear (due to local traditions and customs) but you will have facilities in your room to do it yourself.
- There are usually luggage weight restrictions on most safari programs due to charter flight transfers. This will be outlined in your personal itinerary. Soft-sided luggage is required if traveling on any scheduled charter flight transfers.

ADDITIONAL PACKING LISTS

- Gorilla trekking
- Mt. Kilimanjaro Climb
- Pack for a Purpose