



NAIROBI 2019 TOURING



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NAIROBI

Nairobi, the third largest city in Africa, became the designate capital of Kenya in 1905. The city began as a treeless, swampy stretch of landscape with no human inhabitants but thousands of wild animals.

Railway engineers used the town as the base as they built the Uganda Railway and the city developed without much initial formal planning. In 1899 the first house was built for the chief Railway engineer, in 1901 the Railway club was formed, and by 1905 the Norfolk Hotel was under construction.

The most famous of the early pioneers was Baroness von Blixen, who lived on a coffee plantation on the outskirts of town from 1917 to 1931. Her story is immortalized by her book - and later the film - “Out of Africa”. Karen’s house is today a museum in the outer suburb called Karen after her.

In 1929, Mrs. Wilson, a 50-year old widow, flew to England from a small airstrip by Nairobi. Soon afterwards Wilson Airways was born – and the same strip is now the busy Wilson Airport.

Mzee Jomo Kenyatta “father of the nation” served as the country's first President when Kenya regained independence from the British in 1963. The international airport is named in his honor.

Today Nairobi is a bustling metropolis and the hub for safariers exploring Kenya’s vast game viewing regions. With world class restaurants, extensive shopping and its own national park, Nairobi has something for everyone.



NAIROBI TOUR

Your Nairobi tour is customized to your personal sightseeing requirements. Included in the price are visits to Karen Blixen Museum, Giraffe Center, the Elephant Nursery at the David Sheldrick Wildlife Trust and a shopping visit to a local shop or gallery. We can also arrange a visit to the Nairobi Children's Orphanage and Street Kids project. Lunch is included at Tamambo Restaurant. (*Touring vehicle is a mini-van*)

2-6 people: \$195.00 per person

Solo traveler: Please request



Special Guide in Nairobi – Jonathan Moko

The Africa Adventure Company has exclusive access to a very special local guide in Nairobi. We met him as a Maasai camp hand from Tortilis Camp who wanted to attend college. Upon acceptance, AAC covered his tuition and boarding for 4 years. For a variety of reasons we feel he is the perfect ambassador for Nairobi and the ideal person to personally escort our valued clients around the city. While his schedule may be limited during peak times, we will do our best to have him be your guide during your Nairobi city tour.



DAPHNE SHELDRIK ELEPHANT ORPHANAGE

The Elephant Nursery offers hope for any orphaned elephant fortunate enough to be found alive. It took Daphne Sheldrick 28 years of trial and error during the years that her husband, David, was Warden of Kenya's largest and most important elephant Sanctuary, Tsavo East National Park, to perfect the milk formula and complex husbandry necessary to rear the orphaned infant African elephants. Today, the David Sheldrick Wildlife Trust is run by Angela Sheldrick and is proud to have saved what amounts to a herd; over 60 orphaned infant calves that would otherwise have perished. The elephants have all been relocated to Tsavo and are flourishing.

Public Viewing of the Elephant Nursery is at 11:00am daily (*included in City Tour*)

Private viewing is available at 3:00pm daily – **Cost is \$690.00 per group (approx 1-10 people)**

Foster Parent/Donor program allows you to watch the elephants being put “to bed” (please note you do not assist with this but enjoy observing). Bedtime begins at 5:00pm daily. *Foster parent membership must be valid and not expired before visit.* **Additional \$50.00 per person**

(Please note – transfers will be additional fee if not part of the City Tour – approx \$115.00 vehicle)



GIRAFFE CENTER - **Cost: Included in Nairobi Tour**

The Giraffe Center is a non-profit organization founded by in 1979 in an effort to save the endangered Rothschild giraffe. Having lost their habitat in Western Kenya to agriculture, there were only about 130 left in the wild. The sanctuary is an environmental education center where you are able to feed the fully grown giraffes from a raised platform. It's an experience you will never forget! For those who want the personal experience - you can choose to stay at Giraffe Manor. Open seven days a week from 9:00am – 5:30pm.



KAREN BLIXEN MUSEUM - Cost: Included in Nairobi Tour

Karen Blixen Museum was once the centerpiece of a farm at the foot of the Ngong Hills owned by Danish Author Karen and her Swedish Husband, Baron Bror von Blixen Fincke. Located 10km from the city centre, the Museum belongs to a different time period in the history of Kenya. The farm house gained international fame with the release of the movie ‘Out of Africa’ an Oscar winning film based on Karen’s an autobiography by the same title.



SHOPPING OPPORTUNITIES - Cost: Included in Nairobi Tour

Shopping in Nairobi is exciting and offers a diverse array of local crafts as well as world class collectible artwork. We have included details of some wonderful studios, galleries and shops that will delight you (see following page). All are located in or near the suburb of Karen. *Please advise your guide which shop or gallery you would be interested in visiting.*

* **Kazuri**, meaning “small and beautiful” in Swahili, was founded in 1975 by Lady Susan Wood. Beginning with two African women, it grew when Susan discovered there were many women in villages around Nairobi who were in need of regular employment. The hand-painted ceramic beads are featured in necklaces and bracelets and proceeds help fund the health clinic for its employees. Beautiful glazed pottery has recently been added to the Kazuri gallery.

Hours: Monday-Saturday 8:30am-6:00pm, Sunday (only the shop open) 9:00am-4:00pm.

www.kazuri.com

* **Utamaduni** is a popular shopping venue located in a former house in the suburb of Karen. The unique shop opened its doors over 20 years ago and it has established itself as destination for African crafts from across Kenya. Wood carvings, bronzes, antiques, jewelry, textiles and souvenirs are displayed in 19 separate rooms. There is a café and playground for children. Open daily 9:00am – 6:00pm.

www.utamadunicraftshop.com

* **Matbronze** is an exciting and unique gallery for anyone interested in wildlife sculpture. The wonderful bronze pieces vary from life-size crocodiles to miniature elephants and birds. There is a coffee bar and café where you can enjoy a drink in the gardens. Open Mon-Fri 8:00am – 5:00pm; Saturday 8:00am-5:30pm; Sunday 9:30am-5:30pm www.matbronze.com

* **Marula Studios** is a house converted to a shop/showroom featuring many handmade products. They are known for recycling flip flops into works of art. All proceeds generated from sales provide a livelihood to the community of artisans. Visitors are welcomed to take a tour of the recycle hub and production facility.

Open Monday-Friday 9:00am-5:00pm. www.marulastudios.co.ke

* **Dignity Designs** is a fair trade business that employs the mothers whose children attend the Heshima Children Center. These children have special needs and the center provides them with special education or physical, occupational or speech therapy. While the children attend therapy, the moms work at Dignity Designs and create hand-crafted jewelry and textile products. Using West African beads, cow bone beads, recycled brass beads, the pieces are unique and striking. Visit their gift shop at the Heshima Children's Center. Open Monday-Saturday 9:00am-5:00pm.

www.heshimachildrencenter.org/dignity-designs



KIAMBETHU TEA FARM VISIT

Kiambethu Tea Farm, located 30 km outside of Nairobi, is one of Kenya's oldest tea farms. The farm dates back to 1910 and the present house set amidst colorful gardens, has been home to four generations. A family run business, it is here where you get to enjoy a 'tea luncheon' with the owners Marcus and Fiona Mitchell

A visit to Kiambethu farm makes a memorable half day excursion and insight of the growing and making of tea. Accompanied by the resident Kenyan guide, guests will take a short walk into the small indigenous forest and learn about the plants and how they were used traditionally and watch the Colobus monkeys and resident birds. Enjoy lunch served on the verandah with sweeping views across the tea fields to the Ngong Hills.

Cost: \$95.00 per person (based on 2-6 people)

Includes: Pre-lunch drink and 3-course set lunch.



NAIROBI NATIONAL PARK

Nairobi National Park was established in 1946 and was the first national park in Kenya. It is located approximately 4 miles south of Nairobi's city center, with only an electric fence separating the park's wildlife from the metropolis. Nairobi's skyscrapers are visible from the park. The park boasts a large and varied wildlife population including migrating herbivores during the dry season and is one of Kenya's most successful rhino sanctuaries.

The visit includes a half-day private guide and vehicle and game drive through the park. *(Please note that due to time constraints we do not recommend combining this tour with other Nairobi-based activities.)*

Cost: \$150.00 per person (based on 2-6 people)



NATIONAL MUSEUM OF NAIROBI

The **Nairobi National Museum** is located at the Museum Hill, approximately 10 minutes drive from the city center. The museum houses a celebrated collection of history, culture and art from Kenya and East Africa. Established in 1910, by the East Africa and Uganda Natural History Society, the group consisted mainly of colonial settlers and naturalists who needed a place to keep and preserve their collections of various specimens. The Hominid exhibit features discoveries from the Leakey's including a near complete skeleton of a 12 year old homo erectus boy as well as skulls of early homo sapiens and homo habilis. For those passionate about museums, ask us about a "behind the scenes" tour.

Cost: Please Request

BALLOONING OVER THE MAASAI MARA

Awake between 4:30am-5:30am in the morning with steaming hot coffee and tea brought to your room. Depart between 5:00-6:00am for a short game drive to where the hot-air balloons are being filled. Moments later, lift above the plains of the Maasai Mara for the ride of a lifetime. Silently viewing game from the perfect vantage point, you brush the tops of giant acacia trees for close-up views of birds' nests and baboons. Most animals took little notice, but somehow the hippos know you are there. Maybe it was our shadow or the occasional firing of the burners necessary to keep us aloft.

The pilot is entertaining and knowledgeable of the ecosystem you fly over, and points out a variety of large birds flying along side you, and plains game, and perhaps a lion or cheetah. You may have the opportunity to see part of the Great Migration from the air — an awesome sight indeed!

The return to earth is an event in itself. About an hour after lift-off, the pilot will make a perfect crash landing. By the way, all landings are crash landings, so just follow your pilot's instructions and join in the fun. Minutes later, a champagne breakfast appears on the open savannah within clear view of herds of wildebeest, buffalo and zebra. Your return to camp is another exciting game drive.

Cost: \$450.00 per person



LAST DAY DINING IDEAS IN NAIROBI

The Big Five Restaurant (Ole Sereni Hotel)

The Big Five Restaurant boasts a 300-ft verandah letting you enjoy delicious dishes al fresco while watching Nairobi National Park's wildlife forage for their own meals. The menu features large, diverse breakfast and lunch buffets and typically a la carte dinners.

Avg. Cost: \$39.00 (per person, 2 courses, excluding drinks and hotel transfers)

Pampa Churrascaria Restaurant

Pampa is a Brazilian restaurant located only 10 minutes from the international airport. The menu features delicious grilled skewered meat served table-side along with an extensive buffet of salads and vegetable dishes. This is an ideal restaurant for travelers who want a delicious meal before departing on an international flight. **Set menu: \$60.00 per person** (include transfers to/from hotel)

The Tamarind Restaurant

The Tamarind is considered to be one of Nairobi's finest seafood restaurants. Fresh fish and seafood is flown in daily from the coast. Don't miss the prawns piri piri! This restaurant is located in the city center so ideal for guests staying at the Fairmont Norfolk or the Nairobi Serena.

Set menu: \$96.00 per person (excluding drinks and transfers to/from hotel)

Tamambo Karen Blixen Coffee Garden

Tamambo Karen Blixen Coffee Garden is located in a beautiful peaceful setting on Karen Road, near the Karen Blixen Museum and about half a mile from the Karen Golf and Country Club. It is the site of the original farmhouse which was the Blixen property. The restaurant and function areas are situated in the midst of one of the largest and oldest formal gardens in Kenya and include huge jacaranda, candelabra cactus, bottle brush and other trees and over 200 species of blooming flower varieties. A visit to the Tamambo restaurant is not over unless you've sampled the scrumptious specialties such as the Moroccan Lamb Tagine or the Samakinazi and partaken of the delightful dessert dishes, washed down by a cup of Cappuccino to round off the meal.

Avg. Cost: \$39.00 (per person, 2 courses, excluding drinks and hotel transfers)

Talisman Restaurant and Bar

The Talisman Restaurant and Bar is situated in the heart of the leafy suburbs of Karen, Nairobi. Originally a quaint 1920's mud and wattle bungalow with a tin roof, it overlooks a beautiful, large garden with a sweeping lawn and mature trees. Today, with a few inspired changes made by the owners, Ian and Sharly Cameron, The Talisman has grown into a lively and popular place to go for both locals and visitors alike.

The food at The Talisman fare has evolved into an exciting fusion of Oriental, Indian, Thai and Japanese main dishes, with a tempting selection of starters, and a delicious range of deserts to round off your meal. The specials board offers unusual and varied choices to complement the regular menu, reflecting the best of the season's produce. They have a fully-stocked bar with a selection of fine wines and spirits...

Avg. Cost: \$72.00 (per person, based on 2 courses, excluding drinks and hotel transfers)

The Brasserie (Hemingways Nairobi)

Hemingways' Brasserie serves European classics with a twist. The chef focuses on simply cooked free-range products sourced directly from Kenyan farms. The feature of the Brasserie is the Josper oven - this indoor barbecue is the only one of its kind in Kenya, specially imported by Hemingways to produce the best steaks. Staples of the Brasserie menu include steak tartar, bouillabaisse and omelette au choix. The menu also features lobster, prawn or crab cocktails and fish and chips served on a board in a mini fryer basket.

Avg. Cost: \$60.00 (per person, based on 2 courses, excluding drinks and hotel transfers)

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