

14-DAY KILIMANJARO CLIMB AND LODGE SAFARI TO TANZANIA

Private Lodge safari to Lake Manyara/Ngorongoro Group Mt Kilimanjaro Climb – Rongai Climb

FEATURES OF YOUR CLIMB AND SAFARI

Program highlights:

- **D** This popular program combines a group Mount Kilimanjaro climb-Rongai Route.
- □ And a safari driving through the parks to Lake Manyara and Ngorongoro Crater.
- □ You have the option to do the climb before or after the safari. To better improve your chances of acclimatizing we recommend you safari before climb.
- **D** The Rongai route is more remote, and less traveled than the Marangu route.

14-Day Kilimanjaro Climb and Lodge Safari to Tanzania





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Day	Destination Accommodation		
01+02	USA – Europe – Kilimanjaro	Arusha Serena Hotel	
03	Drive Arusha – Ngorongoro Afternoon at leisure		
04	Morning Crater game drive Afternoon – drive to Lake Manyara	Lake Manyara Serena Safari Lodge	
05	Morning game drive Lake Manyara Arusha Serena Hotel Drive to Arusha		
06	Drive to Kilimanjaro - Kili climb briefing	Kilimanjaro Mountain Resort	
07	Start Kili Climb	Simba Camp	
08	Trek to Kikelewa Cave	ive Kikelewa Cave Camp	
09	Trek to Mawenzi Tarn Mawenzi Tarn		
10	Trek to Kibo crater wall	Kibo Camp	
11	Summit Mount Kilimanjaro Descend to Horombo	Horombo Camp	
12	Return to Marangu - at leisure	Kilimanjaro Mountain Resort	
13	Day at leisure Fly Kilimanjaro – Europe	Dayroom: Kilimanjaro Mountain Resort	
11	Fly Europe – USA		

MOUNT KILIMANJARO CLIMB:

- Mount Kilimanjaro is the highest mountain in Africa and on a clear morning can offer a panoramic view from the "Roof of Africa" down to the surrounding plains.

- Mount Kilimanjaro was only "discovered" by the western world in 1848, when German missionaries came within sight of the mountain, explored the area and traversed the lower slopes. During the following years there where a number of unsuccessful attempts by various explorers to conquer the summit and it was only on the 6 October 1889 that Dr. Hans Meyer managed to reach the summit successfully. The expedition consisted of many porters, guides and advisors. It took the intrepid Meyer almost 6 weeks to reach the summit, 6 times as long as it takes the average climber today.
- The Rongai route is the only route that approaches Kilimanjaro from the north, close to the Kenyan border. Though gaining popularity amongst climbers, Rongai has low traffic. Through the midst of the moorland and heather precinct; trekkers enjoy a spectacular rear view of Kibo peak and Mawenzi peak from different perspective. It is the preferred route for those looking for an alternative to the crowded Marangu route, for those who would like a more remote hike, and for those who are climbing during the rainy season (the north side receives less precipitation). The minimum number of days required for this route is six days, and seven days are recommended.

- Although the scenery is not as varied as the western routes, Rongai makes up for this by passing through true wilderness areas for days before joining the Marangu route at Kibo camp. This route descends down the Marangu route. Rongai is a moderately difficult route, and is highly recommended, especially for those with less backpacking experience.
- You will be lead by a professional, local guide as this ensures that you are able to do the climb at your own pace. This is our way to increase your chances of making it to the summit. Porters will carry the supplies. Food is cooked by your one of the members of staff.
- Accommodations are in basic mountain huts with dormitory style beds and camping tents and bed-rolls.
- Equipment such as sleeping bags, walking sticks, rucksacks, water bottles etc. are not included but can be hired at the base hotel.

BEST TIMES

* The best months for climbing are **January, February, and September** as they are the warmest months and almost clear of clouds, though one could easily succeed throughout the year.

* April and beginning of May could get heavy rain or snow, but it could be worth it if you want a quiet clear mountain, as views are very good.

* Also great are June to August (though colder), and November/December (could be wetter). Through September and October it gets steadily warmer. October is particularly good if you want little or no rain, mild weather and few people on the mountain.

* January to March are the warmest months, almost clear of clouds except of occasional brief rain showers, followed by the main rainy season during April & May. The temperatures will still be up, but massive clouds will block visibility, on top it might snow and heavy rains occur on the lower slopes of Kilimanjaro.

TRAINING FOR THE MOUNT KILIMANJARO CLIMB

- 1) Training should commence at least 3 or 4 months before departure.
- 2) Start off gradually by doing hikes, running or bikes rides, whatever you fancy. The object should be to improve your overall level of fitness and your aerobic capacity. As the time for departure approaches, try to climb a high peak near you
- 3) In the past people have used Mt. Whitney, Mt. Shasta and volcanoes in Hawaii. If you do not have high mountains nearby then try to increase the length and severity of your training regime.
- 4) Using stair machines, steps and bikes are a great way of getting the legs in shape for the nearly 80 kilometers of trails you will be hiking on.

5) DO NOT OVERSTRAIN YOURSELF BEFORE DEPARTURE. BE CAREFUL DOING ACTIVITIES IN THE WEEKS IMMEDIATELY PRIOR TO THE CLIMB.

ALTITUDE

- 1) It is impossible to predict how you will adapt to the altitude. You will probably feel some effects such as headache and/or nausea.
- 2) Pace yourself to go slowly; you will have plenty of time to make your ascent.
- 3) Drink plenty of water and consider taking Diamox.
- 4) The day to the summit is the hardest. If you feel very uncomfortable, your guide or porter will escort you down to a lower elevation.

2020 LAND ARRANGEMENTS:

Jan-Feb / Jun-Oct

\$5,495.00 per person double

\$ 725.00 Single Supplement

Safari-Kilimanjaro departure dates (from USA):

Jan 20	Feb 10	Feb 24	Jun 29	Jul 13
Aug 31	Sep 21	Oct 05	Oct 19	

Full Moon Dates 2020 -	Jan 10, Feb 09, Mar 09, Apr 07, May 07, Jun 05,
	Jul 05, Aug 03, Sep 02, Oct 01, Oct 31, Nov 30, Dec 30

INTERNATIONAL AIRFARE: (subject to change until ticketed)

Please note the following sample airfares. Lower promotional airfares are offered throughout the year so please take a moment to contact our "in house" air department for even better pricing options!

ECONOMY AIR:	from	\$1,899.00 per person (low season)
BUSINESS AIR:	from	\$6,299.00 per person (low season)
New York/Kilimanjaro/New York (via Europe) -	- Please	call for add-ons from your departure city.

LAND COSTS INCLUDE:

- Accommodations
- All meals, climb and safari services (Full Board)
- Meals as stated, Breakfast (B), Lunch (L), Dinner (D)
- All road and airport transfers
- Mt Kili Climb Park fees (\$700.00 per person)
- National Park fees
- Hut and rescue fees
- Mineral water and soda during game drives
- Transfers to/from Kilimanjaro airport

NOT INCLUDED:

- Tips to hotel staff and guide on safari
- Other drinks
- Mountain climbing equipment including clothing gear, and sleeping mat and bag hire
- Supplemental oxygen
- Laundry
- Expenditures of a personal nature
- International airfares
- Tanzania visa
- Travel insurance
- Standard tips to your climb guide and porters (suggested \$190pp)

NOTES:

1) The climb may be done before the safari if preferred (depart on a Friday).

2) You may also fly into Nairobi, overnight then transfer to Arusha. Please ask for details.

3) Travel during Easter (April 10-13, 2020) and Christmas/New Years (Dec 20-31 + Jan 01) are subject to holiday supplements. Please inquire with your Safari Consultant for the specific rates.

4) Supplemental oxygen is subject to availability on the day of the pre-climb briefing. The cost is \$335.00 per person and payment can be made directly in cash/US\$ or credit card. The tanks cannot be shared and are suitable for only 1 person.

5) *Please note that the group climb will NOT operate from March-May & Nov due to the rains. A private climb can be booked – please enquire on rates.

TOUR: T14KILIL+SAFARI

Trip Report:

I could not have been more pleased with our Kili climb that was arranged thru your company. Our guides, equipment, food and porters were excellent! The Kilimanjaro Mountain Resort where we stayed pre- and post-climb was first rate and all transportation arrangements were prompt and professional. **Tom Ress**

All in all, the entire experience was wonderful. I think our guides on the mountain and particularly our safari guide (Jabshir) made the trip an amazing experience...., the entire trip was fantastic. We had an amazing honeymoon and appreciate all your team did to make the biggest trip of our lives (to date anyway) an amazing experience. I'd like to say that the manager at the Lake Manyara Serena lodge (Mustafa) went out of his way to personally come over and wish us congratulations and checked in with us every time he saw us - a very nice touch.

Again, I have to say Jabshir was an amazing safari guide and should be nominated again for safari of the year. We will certainly use AAC again if we can afford another safari (which we hope to) and have already recommended you to the fellow travelers from our Kili climb and others we've talked to. Thanks so much for the amazing trip! Luke Dahl

