



THE AFRICA ADVENTURE COMPANY

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CAPE TOWN 2024 TOURING



Go Your Way Touring

Peninsula Tour

Winelands Tour

Suggested Touring (Flexi)

City, Table Mountain & Kirstenbosch
Cultural Tour - Robben Island & Kayalicha
Township

Jewish Cultural & Table Mountain

Constantia Winelands

West Coast Tour

Hermanus Tour

Shopping & Markets

Whale Watching & Shark Diving Tours

Dyer Island 'Big 5' Boat Ride incl. Whale Watching

Gansbaai Shark Diving Tour

False Bay Shark Eco Charter

2

3

4

5

6

7

7

8

8

9

10

11

12

Pre-Booked Private Touring

Peninsula Tour with Sea Kayaking

Cape Canopy Tour

Hiking Table Mountain Park

Connoisseur's Winelands

Cycling in the Winelands & visit to Franschhoek

Fynbos Trail Tour

Robben Island Tour

Cape Malay Cultural Cooking Experience

"Cape Town Eats" City Walking Tour

Cultural Exploration with Uthando

Group Scheduled Tours

Group Peninsula Tour

Group Winelands Tour

Touring with Families

Family Peninsula Tour

Family Fun with Animals

Featured Specialist Guides

Cape Town Touring Trip Reports

13

13

14

15

15

16

16

17

17

18

19

19

20

20

21

24

~ All tours should be pre-booked and operate with a minimum of 2 people ~

GO YOUR WAY – FULL DAY OR HALF DAY

We recommend our “Go Your Way” touring with a private guide and vehicle and then customizing your day using the suggested tour ideas. Cape Town is one of Africa’s most beautiful cities! Explore all that it offers with your own personalized adventure with amazing value that allows a day of touring to be more flexible.

RATES FOR FULL DAY or HALF DAY– GO YOUR WAY

Enjoy the use of a vehicle and guide either for a half day or a full day to take you where and when you want to go. Spend half the day exploring the Cape Peninsula and then taste wines in the afternoon or explore Cape Town in the morning and take a drive up the west coast. The possibilities are endless – it’s your day, your way! (Pick-up times can be personalized if you want to start touring a little bit later in the day). *Entrance fees, refreshments and meals are payable directly.*

	Half Day (4 hrs)	Full Day (8 hrs)
Rate per person:	2 pax \$175.00	\$225.00
	3 pax \$130.00	\$165.00
	4 pax \$100.00	\$125.00
	<i>From 9:00am-1:00pm or 1:00pm-5:00pm</i>	<i>From 9:00am – 5:00pm</i>



PENINSULA TOUR – Full day

Travel along Atlantic seaboard passing Sea Point, Bantry Bay and Clifton. View the Twelve Apostles along the Atlantic coast of Table Mountain and the beach of Camps Bay. Continue along Victoria Drive past Bakoven and Llandudno to Hout Bay. Board a boat to view the Cape Fur Seal colony on Duiker Island (*weather permitting*).

Drive along Chapmans Peak Drive, one of the finest scenic coastal drives in the world. View Long Beach at Noordhoek. Continue to Kommetjie and Scarborough.

Enter the Cape of Good Hope Nature Reserve. Visit the endemic bontebok in the reserve. Explore the rocky coastline and fynbos with the possibility to see the African black oystercatchers, avocets, cape sugarbird, protea canary as well as various sunbirds. Climb (or ride the world's first environmentally friendly funicular) to the famous Cape Point Lighthouse.

After lunch, continue to Boulders Beach to study the African Penguin. Drive through the historic naval town of Simon's Town to Fish Hoek. Return to Cape Town over Boyes Drive viewing Kalk Bay, St James and Muizenberg.

To round off the day, take a stroll through Kirstenbosch Botanical Gardens (*time permitting*).

Duration: 9:00am – 5:00pm

All-Inclusive Tour:

2 people - \$350.00 per person / 3 people - \$295.00 per person / 4 people - \$250.00 per person

(Can still be personalized based on your interests & passions)

Includes: Entrance fees for Seal cruise, Cape Point, funicular, penguins, Kirstenbosch and Chapman's Peak and lunch.

Go Your Way Touring:

Rate per person:

2 pax - \$225.00

3 pax - \$165.00

4 pax - \$125.00

Excludes: Entrance fees, refreshments and lunch.



WINELANDS TOUR – Full day

Leave Cape Town and drive towards the wine lands region nestled below the spectacular Boland Mountains some 50 minute drive from the city. Today will be a leisurely experience as you explore the Cape's wine route towns of Stellenbosch, Paarl and Franschhoek. Estates visited vary and are selected after discussing personal preferences.



Wine Estate Recommendations

Stellenbosch: Meerlust, Rust en Vrede, Kanonkop, Thelema Mountain Vineyards, Simonsig, Waterford, Rustenberg

Franschhoek: Babylonstoren, La Motte

Hemel en Aarde Valley: Hamilton Russell Vineyards

Somerset West: Vergelegen

Constantia: Klein Constantia

Enjoy lunch at one of the many restaurants in the area.

For the nature lovers, visit Somerset West for the cheetah sanctuary or the Paarl bird sanctuary or the Afrikaans Language Monument with its indigenous gardens and sweeping views across the Boland.

A drive to Boschendal to visit the historic estate with some of the most beautifully preserved Cape Dutch buildings in the Cape and its collection of priceless period furniture is a must. This estate gives us an insight into how the early settlers lived at the Cape.

Duration: 9:00am – 5:00pm

All-Inclusive Tour:

2 people - \$325.00 per person / 3 people - \$275.00 per person / 4 people - \$235.00 per person

(Can still be personalized based on your interests & passions)

Includes: Entrance fees to wine tasting, cellar tour, museums and lunch.

Go Your Way Touring:

Rate per person:

2 pax - \$225.00

3 pax - \$165.00

4 pax - \$125.00

Excludes: Entrance fees, refreshments and lunch.



SUGGESTED TOURING (FLEXI) FOR GO YOUR WAY

CITY, TABLE MOUNTAIN & KIRSTENBOSCH

Drive up to Kloof Nek to Tafelberg Road and the lower cable station. After purchasing tickets (*payable directly*), board the rotair cable car to reach the summit of Table Mountain (*weather permitting*). View the city and surrounds by walking the top of the table.

Return to the city via Bo -Kaap, the Cape Malay Quarter, and walk-through Government Avenue. It is home to the South African Museum, Cultural History Museum, House of Parliament, National Gallery and St George's Cathedral. Walk through the old town square to the market of Greenmarket Square and St George's Mall. Drive to the castle (the oldest building in the country) with a beautiful collection of old Cape paintings. It is home to the Western Cape command and you will see the Grande Parade where Nelson Mandela spoke after his release in 1990. Visit the District Six Museum, containing memorabilia from former residents of the area.

You then drive to Kirstenbosch Botanical Gardens, situated on the slopes of Table Mountain, one of the world's great botanical gardens. Enjoy a break for lunch in the gardens. Kirstenbosch contains a unique collection of southern African plants and is one of the few in the world which is devoted to indigenous plants. The gardens have a magnificent collection of fynbos species and in springtime between July and September, large areas of the gardens are ablaze with color. Return to the city in the late afternoon.

** Table Mountain Cableway is closed annually approx July 8 – August 19*

Duration: 9:00am – 5:00pm

Excludes: Entrance fees, refreshments and lunch.



CULTURAL TOUR – ROBBEN ISLAND AND KAYALICHA TOWNSHIP

Explore the World Heritage site, Robben Island – a prison for some 450 years for slaves, exiled Eastern princes, lepers, the insane and those punished for resisting oppressive rule, among them Nelson Mandela. The ferry departs the V&A Waterfront for a 25-minute ride across Table Bay (*payable directly*). Here you will join a group tour lead by a local guide (some guides are former political prisoners).

Return to the Waterfront, where you will meet your guide and continue to District Six, a once vibrant city suburb that today stands empty due to the forced removal of some 60,000 residents and the demolition of their homes during the height of the Apartheid era.

Drive across the Cape Flats, where the non-white inhabitants of District Six and other areas were placed - segregated by color, religion and ethnic background. Enjoy a lunch break at a local township restaurant, sampling typical African food and hospitality in an authentic setting (*payable directly*).

Following lunch drive to the Iliso Care Society in Kayalicha Township on the Cape Flats - spending time gaining a personal insight and learning more about the area in which they live. Founder Vivian Zilo established the Iliso Care Society in June 2005 with objectives to fight poverty, encourage community empowerment, organize workshops for youth, provide safety and care for orphans and vulnerable children, the elderly and school children. She solicited the help of four other women to help in providing services to her community. The Iliso Care Society feeds over 400 people a day. Return to your hotel late in the afternoon. <http://www.ilisocaresociety.org.za/>

Excludes: Entrance fees, ferry ride, refreshments and lunch.

Kayalicha Township and the Iliso Care Society are on the way to Stellenbosch so you could spend the morning at Iliso and then continue to Delaire or Bablonstoren for lunch and wine tasting.



Alison & Mark Nolting (owners of AAC) at the Iliso Care Society

JEWISH CULTURAL AND TABLE MOUNTAIN

Depart the city for the Lower Cableway Station to board the revolving cable car for a 5-minute ride to the top of Table Mountain (*payable directly*). 1036 meters above sea level, it affords bird's eye views of both city and Peninsula as you walk its summit (*weather permitting*).

Return to the city via the old Cape Malay Quarter for a walk through the Company Gardens, a fresh produce garden for visiting ships from the mid 17th century and home to the Cultural History Museum, Houses of Parliament, National Gallery, South Africa Museum and Cape Town's Jewish Campus. The South African Jewish Museum, opened by Nelson Mandela in 2000 is situated on the heritage site of the Gardens Synagogue, founded in 1841, and houses the Cape Town Holocaust Center and Gitlin Library.

Stop for lunch at the trendy Kosher Café Riteve (*payable directly*) and browse the delightful museum gift shop before exploring this high-tech museum, whose interactive, audio/visual exhibits narrate the story of South Africa Jewry from its early beginnings. The Cape Town Holocaust Center, the first in Africa, explores racial and religious intolerance, ideological conflict and persecution, echoing the human rights abuses of Apartheid. You will also visit the Great Synagogue, consecrated in 1905.

** Table Mountain Cableway is closed annually approx July 8 – August 19*

Excludes: Entrance fees, refreshments and lunch.



CONSTANTIA WINELANDS

Depart from Cape Town and head south along the Peninsula towards Constantia, where you will enjoy a tour of the famous Constantia Wine Ward. The historic valley, with vineyards clinging to the eastern slopes of the Constantiaberg mountainside is home to some award-winning wines.

There are numerous cellars in the premier ward and you will have tastings at some of these estates. The area is celebrated for the Sauvignon Blancs, Semillons and Chardonnays from the Steenberg, Constantia Uitsig and Buitenverwachting estates. Wonderful Merlots, Cabernet, Shiraz and red blends in the classic Bordeaux styles are also made at Groot Constantia, Klein Constantia and High Constantia. The area's most famous signature wine is the Vin de Constance from Klein Constantia.

Wine tastings are tailored to the estates' opening hours and guest's wine preferences.

Excludes: Entrance fees, wine tasting, refreshments and lunch.



WEST COAST TOUR

Drive to Bloubergstrand to enjoy the spectacular views of Cape Town and Table Mountain from across the bay. Continue north along the west coast, through the farmlands of the Cape to the West Coast National Park. The park is situated around the Langebaan Lagoon – fabulous for birding. Visit the park where you can see bontebok, eland and zebra grazing in an area carpeted with a vast profusion of spring blooms. On your return, pause to view the Moravian mission station at Mamre or possibly stop off at the West Coast Ostrich farm, en route back to the city.

Excludes: Entrance fees, refreshments and lunch.

(Best Mid-August to Mid-September)



HERMANUS TOUR

Depart the city towards the seaside towns of Strand and Gordon's Bay, nestled below the slopes of the Hottentots Holland Mountains, with magnificent views across False Bay to Cape Point in the distance. Continue along the coastline passing Koeelbaai and the villages of Rooiels, Pringle Bay and Betty's Bay before stopping at the Harold Porter Botanical Gardens, for a mountain walk to the waterfall at Disa Kloof. Then to the Bot River, pausing in the picturesque Hemel-en-Arde valley (*for wine enthusiasts*).

Continue to the charming village of Hermanus. Whales often come very close to the shore in Hermanus (Jun - Nov) and there are some excellent vantage points from the cliff paths that run from one end of the town to the other. **(Whale-watching boat ride \$95.00 per person)** Browse the local craft markets and have lunch.

Return to the city over the Hottentot Hollands Mountains driving through the apple growing regions of Grabouw and Elgin. You can stop on the spectacular Sir Lowry's Mountain Pass with beautiful views of the Cape Peninsula.

Excludes: Entrance fees, wine tasting, refreshments and lunch.



SHOPPING AND MARKETS

Cape Town city's cosmopolitan flavor and cultural diversity offer the shopaholic many opportunities to snag rare treasures. You will visit a leather manufacturer who produces quality leather handbags from local hides such as crocodile and ostrich (items can be custom-made for you). See picturesque Church Street, known for its fine art and antiques. Browse top African arts and crafts in the area and perhaps take in the market stalls of bustling Greenmarket Square. Lifestyle stores, from cutting edge to ethnic, abound in the city area and don't forget the incredible jewelry industry with South African gold and other African gemstones like Tanzanite. *Excludes: Entrance fees, refreshments and meals.*

Cape Town is a foodie's delight with numerous markets to explore. Below are some of our favorites (*please be sure to check the current days and times of operation*)

1. Bay Harbour Market – <http://www.bayharbour.co.za/>
2. Route 44 Market – <https://root44.co.za/>
3. Neighbourgoods Market – <http://www.neighbourgoodsmarket.co.za/cape-town>
4. Stellenbosch Slow Food Market – <http://www.slowmarket.co.za/>
5. Hope Street Farmers Market – <http://www.hopestreetmarket.com/>



WHALE WATCHING & SHARK DIVING TOURS

DYER ISLAND "BIG 5" BOAT RIDE INCLUDING WHALE WATCHING

You will be privately transferred from your Cape Town hotel (2 ½ hours by road) to Kleinbaai harbour near Gansbaai for a boat ride to the Marine "Big 5". After a brief introductory talk and fitted with life-jackets and waterproof jackets, board the boat on which you may see Southern-right whales, bottle-nosed dolphin, Cape fur seal, African penguin and maybe a Great White Shark (when you visit with the Shark Dive boats)!

The whale watching vessel, Dream Catcher, is a custom built, aluminum boat, powered by four large four-stroke 250 hp outboard engines and can comfortably accommodate 40 passengers as well as the crew. The boat is built for stability, safety and comfort for all ages.

Your boat ride visit will include Dyer Island which is 5 miles (8 km) offshore, near the village of Gansbaai at the southern tip of Africa. Adjacent to Dyer Island is Geyser Rock, home to a 60,000 Cape fur seal colony....these guys are the reason the Great Whites stay here. Shark Alley is the channel between the two islands and is protected from the worst of the Southern Atlantic's weather. The islands and Shark Alley itself are teeming with life.

Cape Fur Seals, African Penguins and a wide variety of sea birds are commonly seen from the boat. From August to November, Southern Right Whales are spotted almost every day as well. Boat trip lasts 2 to 2.5 hrs.

Price: 2 people - \$365.00 per person / 3 people - \$325.00 per person / 4 people - \$295.00 per person
Includes: Private transfers to/from Cape Town and lunch at a local restaurant



GANSBAAI SHARK DIVING TOUR

You will be transferred from your Cape Town hotel (2 ½ hours by road) to Kleinbaai harbor near Gansbaai for your shark diving excursion, organized by Marine Dynamics. You will receive a pre-trip safety briefing and fitted with a wetsuit. Then board the boat where you will be provided with a lifejacket and water/windproof jacket.

The 'Slashfin' is a powerful, aluminum 46ft long catamaran vessel (maximum capacity of 40 people), specifically designed and built for low maintenance, stability, speed and superior safety and comfort; also fully licensed to South African safety standards. With designated toilets for males & females, canvass dressing cubicle for extra privacy, double staircase for easy access to top deck and spacious top deck for unobstructed viewing and a unique photographic platform, this is a great way to visit the sharks!

Approx. 7 miles offshore from Gansbaai, you find two islands, Dyer Island and Geyser Rock, situated next to each other. Shark Alley is the channel between the two islands and is protected from the worst of the Southern Atlantic's weather. Dyer Island has become known as one of the best areas in the world from which to view the great white shark. Other wildlife species such as Cape fur seals, Cape gannets, Cape cormorants, jackass penguins, whales and dolphins are likely to be sighted.

You make use of a specially designed secure cage that can easily accommodate 8 divers at a time, which is firmly secured to the side of the boat and floats on the surface with our divers no more than a meter under the surface. The top of the cage is covered. Guests do not need dive experience to be allowed in the cage. There is the opportunity to watch the sharks feeding from the safety of the boat where photographs and video footage may be captured at close range. (*Underwater digital cameras are available to rent.*)

The boat trip is 4 to 5 hours.

To avoid disappointment due to bad weather you may want to schedule two days with an overnight stay.

Price: \$230.00 per person

*Bring your swimsuit, some warm clothes (can get chilly on the water), camera, sunscreen and hat/cap.

*Includes: Scheduled transfers to/from Cape Town, breakfast on arrival, snacks & non-alcoholic drinks on board, soup & bread on return to land, wetsuit, booties, mask, weight belt and towel. **Scuba gear is not used.*



FALSE BAY SHARK ECO CHARTER

African Shark Eco Charters, owned and run by shark expert Rob Lawrence, was created to advance the understanding of sharks. Through research it was discovered that False Bay is the unique feeding ground for great whites where they breach out of the water. Rob is seriously “hands on” and still goes on almost every trip.

On these trips you hope to witness sharks feeding on seals and their breaching. Rob continues shark research, filming and viewing and in the years following the discovery of this site has learned much about the sharks and ecosystem of the area. Rob and his team are eager to share their knowledge with you.

You will be transferred to Simonstown (45 minute drive). Morning tours depart early (7am sharp) and are preferred for the chance to witness a breach. The afternoon tour departs at 12:00pm and concentrates on cage diving. You will then board the vessel and cruise out to Seal Island in False Bay. The boat capacity is limited to 12 people to ensure everyone has a personal experience.

No qualifications for shark cage diving are necessary! The cage floats just under the surface of the water and is situated alongside the boat (cage holds a maximum of 2-4 people). No experience is needed as all scuba equipment stays on board and only the scuba hose (hookah) enters the cage. You are welcome to snorkel if you don't wish to scuba dive.

(Tour offered March through September only)

The boat trip is 4-5 hours.

Price: Jan-Jun 14 / Sep-Dec - \$275.00 pp / Jun 15-Aug - \$320.00 pp (based on 2+ pax)

*Bring your swimsuit, towel, some warm clothes (can get chilly on the water), rain/wind jacket, camera, sunscreen and hat/cap.

Includes: Scheduled transfers to/from Cape Town, snacks & non-alcoholic drinks on board, wetsuit, hookah (scuba hose)



PRE-BOOKED PRIVATE TOURING

PENINSULA TOUR WITH SEA KAYAKING – Full day



Drive from the city to Simon's Town where you meet up with a sea-kayaking guide for a safety briefing and gear up for a couple of hours of easy paddling (*weather permitting*) in twin kayaks along the False Bay coast. Paddle to Boulders beach where the colony of African Penguins live and have an opportunity to view them from the ocean as they swim around in this quaint little cove.



Leave the kayaks on the beach at Seaforth and have lunch before exploring the Cape of Good Hope section of the Table Mountain National Park, home to fabulous birds and very special fauna, such as Cape mountain zebra, bontebok and the charismatic Chacma baboon. Climb (or ride the unique, 'Flying Dutchman' funicular) to the famous Cape Point Lighthouse to capture the magical vistas of False Bay.

Then head home along the dramatic Atlantic seaboard and navigate the 114 curves of 600m high Chapman's Peak Drive passing the picturesque fishing hamlet of Hout Bay, Llandudno and Bakoven (with their ghostly shipwrecks), the towering Twelve Apostles and on through Camps Bay and Bantry Bay.

Price: 2 people - \$365.00 per person / 3 people - \$315.00 per person / 4 people - \$275.00 per person

Includes: Entrance fees for sea kayaking (scheduled basis), Cape Point, funicular, penguins and Chapman's Peak Drive and lunch.

CAPE CANOPY TOUR – Full day

Cape Canopy Tour is perfect for adventure seekers! Based in the Hottentots Holland Nature Reserve, it is located approximately 1hr from Cape Town. You are transported by 4x4 high into the mountain range; a previously inaccessible and pristine part of this amazing World Heritage Site and following a safety briefing you are harnessed and begin the adventure. You zip-line from platform to platform (13 in total) with slides up to 320m long (ages 5 to 75)

Price: 2 people - \$315.00 per person / 3 people - \$265.00 per person / 4 people - \$225.00 per person

*Weight limit of 264lbs (120kgs) and requires a reasonable level of fitness as you must hike 1km up and out of the mountain after the tour. Bring warm clothes as weather is unpredictable and wear comfortable shoes to walk in.

Includes: Private transfers to/from Cape Town, a la carte lunch, bottled water, rain gear in wet weather



HIKING TABLE MOUNTAIN PARK

South Africa's world -renowned icon, the beloved Table Mountain, was given National Park status in May 1998. This allows for the application of the Table Mountain Park to be declared a World Heritage Site (there are 440 natural and cultural heritage sites worldwide). The summit of Cape Town's world-famous landmark is 1,086m/3,200ft above sea level.

The new national park stretches from Signal Hill to Cape Point with a staggering 2,285 plant species in the relatively small 870 square miles in area. There are a number of species found nowhere else in the world, including the endangered Table Mountain ghost frog, the Table Mountain beauty (butterfly) and the well -known silver tree.

Table Mountain Hike (“Skeleton Gorge Hike”) - 5 to 6 hours – Moderate to strenuous hiking

Starting at Kirstenbosch Botanical Gardens, you will hike up the eastern flank of Table Mountain, following the course of a mountain stream with spectacular views over False Bay and the Cape Flats. Cross the Table to Maclear’s Beacon and stop for a picnic lunch where you have a wonderful vista of Table Bay and the city. The fit and energetic can choose to descend via the steep Platteklip Gorge path to Tafelberg Road or you may continue the walk to the Upper Cable Station to board the revolving cable car for a breath-taking mountain descent (*weather permitting*).

The walk will be an introduction to the wonders of the “fynbos” the indigenous flora of the Cape Floral Kingdom. The Cape Fynbos (Heathland) is the smallest of the six plant kingdoms of the world. It only covers .04% of the world’s land surface, and hosts some 8,600 species of flowering plants, almost 70% of these being endemic. To put this into perspective, the British Isles, three and a half times larger, have only 1,500 plants, fewer than 20 of which are endemic. Table Mountain alone has almost 1,500 species in 35 square miles.

Includes: Entrance fees for Kirstenbosch and Table Mountain, Fast track for cable car, bottled water and a packed lunch

** Table Mountain Cableway is closed annually approx July 8 – August 19*

Price: 2 people from \$210.00 per person

** Please note that for 4 or more guests, 2 guides will accompany you*



CONNOISSEUR'S WINELANDS – Full day

Depart the city for the winelands in the nearby Boland Mountains for a leisurely exploration of historic towns, liquid delights, gastronomic wonders and home-grown hospitality. The Cape Winelands are some of the most beautiful in the world, with a heritage that lives on in beautiful, historic estates producing some of the world's most celebrated wines.

There are a variety of route options that take in the historic wine regions of Constantia, Stellenbosch, Paarl and Franschhoek or the more emergent areas like Walker Bay, the Swartland and Worcester.

Learn about the industries colorful history and traditions and savor the wonderful wines that showcase the unique terroirs of the Cape in a myriad of styles, from classic old world favorites to fruit-driven "early drinking" new world wines. Enjoy a sumptuous lunch at one of South Africa's top restaurants.

Price: 2 people - \$495.00 per person / 3 people - \$425.00 per person / 4 people - \$365.00 per person

Includes: Entrance fees for personalized private tastings, specialist wine guide, gourmet lunch and bottled water



CYCLING IN WINELANDS AND VISIT TO FRANSCHHOEK – Full day

Depart the city for the charming French town of Franschhoek, nestled in the heart of the breath-taking Cape Winelands. Meet your cycling guide before gearing up for a leisurely ride through historic vineyards, stopping at various estates en route to sample the nectar of the Gods. The length of the ride and routing can be varied depending on preferences and fitness levels.

The Cape Winelands are some of the most beautiful in the world, with a heritage that lives on in exquisitely preserved historic estates boasting a rich 400-year old winemaking tradition, producing some of the world's most celebrated wines.

Take in a leisurely lunch at one of the fabulous local restaurants. The region boasts beautifully preserved Cape Dutch architecture, museums, galleries and shops which can be visited in the late afternoon before returning to your hotel.

Price: 2 people - \$515.00 per person / 3 people - \$425.00 per person / 4 persons - \$365.00 per person

Includes: Entrance fees for wine tastings, cycle guide, bike rental, back-up vehicle and lunch



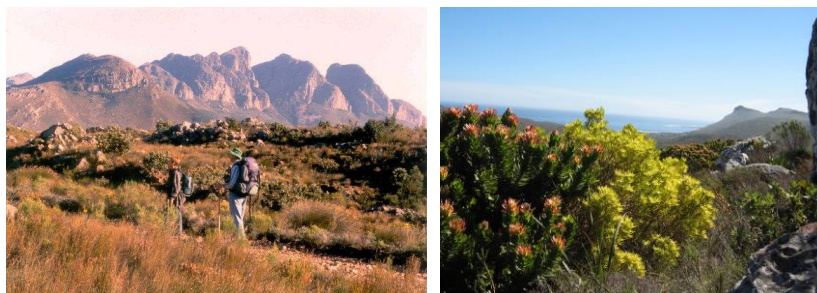
FYNBOS TRAIL TOUR – Full day

Depart Cape Town and head over the Hottentots Holland Mountains which offer magnificent views across False Bay, Cape Point and the Stellenbosch vineyards below. Arrive at the Fernkloof Nature Reserve where you will meet your specialist Fynbos guide and expert in this diverse field. Visit Hoy's Kopje and Kwaaiwate before continuing to Fernkloof and the Botanical Centre where you will delve into the history of the reserve and view the display of over 50 flowering plants. It is from this point that you begin the Fynbos trail of approximately two hours.

After the walk enjoy lunch at one of the many excellent local restaurants before returning back to the Cape Town via the coastal drive. Visit the Harold Porter Botanical Gardens, with an option of walking to a waterfall, and stop in at the Betty's Bay Penguin Colony.

Price: 2 people - \$295.00 per person / 3 people - \$275.00 per person / 4 people - \$250.00 per person

Includes: Private transfers to/from Cape Town, entrance fee for Harold Porter Botanical Gardens and Betty's Bay Penguins, a la carte lunch and bottled water



ROBBEN ISLAND TOUR –

Robben Island Tickets only: approx. \$35 per adult / \$17.50 per child u18

The tour takes approx. 3.5 hours including the ferry trip to and from the Island.

Book them online at: <http://www.robben-island.org.za/tours>

Accompanied to island / Scheduled group tour of Robben Island (Full Day)

You will be collected from your hotel and privately transferred to the Robben Island ferry departure point at the Victoria & Alfred Waterfront. Your driver will accompany you on the ferry, which takes approximately 25 minutes to reach the island located in Table Bay. You are met by the local guides on the island, some of whom are ex-political prisoners and join a *scheduled group tour*. Here you will have the opportunity to visit the most symbolically significant sight in South Africa, where Nelson Mandela spent over 20 years of his life, which is now a World Heritage site. The tour includes a visit to the prison block, the limestone quarry where many of the prisoners worked for a number of years and a drive around the island with breathtaking views of the city across the bay. There is an African penguin colony on the island as well as some antelope species. Your driver accompanies you back on the ferry.

Price: 2 people - \$280.00 per person / 3 people - \$225.00 per person / 4 people - \$180.00 per person

Includes: Private transfers to/from ferry, private guide to accompany you on ferry, Robben Island tickets (scheduled basis) and bottled water.

Privately guided tour of Robben Island

\$ Please request

You will be accompanied by your driver on the ferry to Robben Island. Upon arrival you will be met by your guide who will lead you on a *private tour* of the island (*rate includes private vehicle on the island*).



CAPE MALAY CULTURAL COOKING EXPERIENCE – Half day

You will be transferred to the Bo-Kaap museum for a unique insight into the origins and history of the Cape Malay people. Across the street from the museum is the bustling spice wholesaler. Learn about the origins of the spices and how they are used in Cape Malay cuisine. Stroll along the cobbled streets of the Bo-Kaap and learn about the colorful nature and architecture of the locals en route to a home to experience a truly warm Cape Malay welcome. Learn how to fold samosas during a demonstration of the preparation of the traditional cuisine. Sit down together to enjoy the feast that you have prepared.

Tour runs from 10:00 am – 2:00 pm.

Price: 2 people – \$215.00 per person / 3 people - \$175.00 per person / 4 people – \$140.00 per person

Includes: Entrance fees for Bo-Kaap museum, cooking demonstration and lunch with bottled water and soft drinks



“CAPE TOWN EATS” CITY WALKING TOUR

Bree Street was the start of the foodie revolution in Cape Town City. This tour explores Cape Town from all sides – the history, the people, their cultures, their cuisines, as well as contemporary Cape Town and its artisanal trends.

Note that this is NOT a fine dining tour – it is a REAL food tour. Today you will sample some of the traditional cultural dishes and walk to explore creative Cape Town and its artisanal trends. By the end of this tour you will be well orientated to the city as you will walk the whole city flat from one side to the other.

Tour runs: Mon-Fri 9:00 am – 4:00 pm / Sat 8:30am-4:00pm

Price: 2 people – \$295.00 per person / 3 people - \$225.00 per person / 4 people – \$195.00 per person

Includes all tastings and city entrances (any alcoholic drinks on own account). Moderate level of fitness and comfortable walking shoes are recommended, bring a hat and wear sunscreen. Does not operate on Sundays. (This tour is not recommended for Vegans or gluten-intolerant)



CULTURAL EXPLORATION WITH UTHANDO – Half day

This is not a township tour, but rather a heartfelt cultural exploration that gives you an insight into the history of South Africa and the lives people encounter in the townships. Uthando sponsor a large number of projects and underprivileged people, this tour allows you to experience the help Uthando offer as well as see the people empowered in a sustainable way. This half day trip included visits to a community vegetable garden, a day care orphanage and an entrepreneurship & education project. For me the highlight of the day was visiting the senior's project, meeting and communicating with the 'oldies' and seeing the hope that this project instills in these elders, with a wealth of history and wisdom. Uthando allows you as the 'tourist' to experience and understand the history and the struggle people of the townships have lived and portray in a heartfelt and passionate way can be done to change this.

Scheduled tour (Monday-Friday) – Visits 3 projects - \$80.00 per person

Private tour (can be tailored to suit your interests) - \$565.00 per group (Maximum of 7 people)



GROUP SCHEDULED TOURS

*Group tours operate with a minimum of 2 people and a maximum of 13.
Full day tour is 9:00pm-5:00pm*

FULL DAY GROUP PENINSULA TOUR

Travel along Atlantic seaboard passing Sea Point, Bantry Bay and Clifton. View the Twelve Apostles along the Atlantic coast of Table Mountain and the beach of Camps Bay. Continue along Victoria Drive past Bakoven and Llandudno to Hout Bay. *Optional extra:* Board a boat to view the Cape Fur Seal colony on Duiker Island (*weather permitting*). Drive along Chapmans Peak Drive, one of the finest scenic coastal drives in the world. View Long Beach at Noordhoek. Continue to Kommetjie and Scarborough. Enter the Cape of Good Hope Nature Reserve. Visit the endemic bontebok in the reserve. Explore the rocky coastline and fynbos with the possibility to see the African black oystercatchers, avocets, cape sugarbird, protea canary as well as various sunbirds. Climb (or ride the world's first environmentally friendly funicular) to the famous Cape Point Lighthouse. After lunch, continue to Boulders Beach to study the African Penguin. Drive through the historic naval town of Simon's Town to Fish Hoek. Return to Cape Town over Boyes Drive viewing Kalk Bay, St James and Muizenberg.

Scheduled Group Tour: \$100.00 per person

Includes: Entrance fees for Chapman's Peak, Cape Point and Boulders.

Excludes: Entrance fees for Seal cruise, funicular ride at Cape Point and lunch.

FULL DAY GROUP WINELANDS TOUR

Leave Cape Town and drive towards the wine lands region nestled below the spectacular Boland Mountains some 50 minute drive from the city. Today will be a leisurely experience as you explore some of the historic wine estates. The three major centres in this region are: Paarl, the birthplace of the Afrikaans language, Stellenbosch, the second oldest city in the country and Franschhoek, first settled by the French Huguenots in 1688 and now, undoubtedly, the culinary capital of South Africa. Your tour will take you to each of these three towns allowing you to enjoy a cellar tour and wine tasting at a leading estate, followed by a second tasting later in the day (time-permitting, perhaps even a third!). Enjoy the mix of majestic mountain ranges, fine wines, beautiful Cape Dutch architecture and sample the fine cuisine.

Scheduled Group Tour: \$100.00 per person

Includes: Entrance fees for 2 tastings and cellar tour.

Excludes: Lunch.

TOURING WITH FAMILIES

Children love Cape Town with its exciting sights, sounds and natural adventuresome experiences. We can customize a tour of Cape Town for families traveling with children with a special focus on activities that cater to children and adults alike. For instance, we can arrange for your children to swim with the penguins, spend time collecting semi-precious stones or learn about the local flora and fauna.

FAMILY PENINSULA TOUR – Full Day

Depart the city and head south towards the Cape of Good Hope. Scenic highlights include a trip over the breathtaking 600m high Chapman's Peak Drive, the magical vistas of False Bay and the rocky coastline and unique fynbos vegetation of the Cape of Good Hope.

In the morning we suggest the choice of (*weather dependent*):

- 1) A 45-minute boat cruise to Duiker Island, home of thousands of seals and marine birds.
 - 2) Paddle a kayak to the quaint cove of Boulders Beach for a surfside view of the African penguin colony.
- Suggestions for an afternoon activity:

- 1) Hunt for a selection of tumble-polished gemstones among the thousands that cover the floor at Scratch Patch and Mineral World.
- 2) Visit the Cape Point Ostrich Farm, where the world's largest bird is bred.
- 3) View more than 40 reptile species at the Imhoff Snake & Reptile Rehabilitation Park.
- 4) Experience the World of Birds – Africa's largest bird park, with over 3,000 species of birds and small animals.

Excludes: Entrance fees, refreshments and lunch



FAMILY FUN WITH ANIMALS – Full day

Depart the city for Simonstown and along the peninsular to Boulders Beach, to spend a morning with an African penguin colony where you will spend time swimming with penguins in the protected waters around the boulders. Leave the beach and drive along the scenic coastline and inland to Spier Wine Estate, for a family-friendly picnic lunch on the lawns. Visit the Cheetah Outreach Centre and have a once-in-a-lifetime opportunity to pet these majestic cats – always under the watchful eye of their trained handlers. Stop at Eagle Encounters, a bird of prey rehabilitation and conservation centre, with a rare opportunity to see some of Africa's largest raptors at very close quarters where you will see a flying demonstration.

Excludes: Entrance fees, refreshments and lunch



~ Featured Specialist Guides ~



MARGRIT WIENAND: Born in Holland and educated in Switzerland and South Africa, Margrit is passionate about her adopted country. In 1996 she started tour guiding in English, French and Dutch in the Eastern Cape and later the Western Cape. Her interests are wide but mainly focused on South African history, wine, its flora and wildlife, the local arts and crafts and hiking. She is a member of the National Botanical Institute and the Cape Wine Academy.



LUCIA EARL: Lucia was born and educated in Cape Town. In 1996 Lucia decided to pursue her interest in the tourism industry and has been working as a tourist guide in the Western Cape for 12 years. She has completed many courses, including a Cape Wine Academy Diploma and a Birding Introduction with the Cape Bird Club. She is passionate about her work and has been involved in all aspects of touring from small private tours to the larger corporate and incentive groups.



PAUL BARKER: Paul was born in Cape Town and has been working in tourism for more than ten years. Having started out doing overland safaris in South Africa, he later switched over to tours through all Southern Africa. During this time he attained his Field Guide qualification. The Western Cape is where his passion lies and where he concentrates all of his efforts. His love for South African history and the environment inspire him to share his knowledge and experience and to provide visitors to the Cape with an insight into South Africa today.



ANDREW BRINK: Andrew was born in South Africa and went to school and university in Cape Town. During his compulsory military service on the northern borders of South Africa he developed an interest in nature, working with the Bushmen in a specialized tracking unit. In 1995 Andrew qualified as a tourist guide in Cape Town, specializing in the marine environment. He has worked closely with the Great White Shark Research Unit and promoted South Africa as a great diving destination. Andrew's further specialty is in wine tourism and continues to upgrade his qualifications in this field.



THOMAS NZENZO: Thomas was born in Boma, Democratic Republic of Congo (DRC), in 1969 and growing up in a French speaking community, adopted the language as his mother-tongue. When the war broke out in the Congo, he settled in South Africa. He qualified as a tourist guide for the Western Cape region in 2006. Thomas has a keen interest in nature, particularly animal behavior. He is also involved with various human rights organizations in the DRC, a committee member of True Love Alliance (an NGO working with HIV/Aids in South Africa), a committee member of Congolese Conscience, and a member of the Family Federation for World Peace and Unification (working to restore family values and universal peace).



LAZARUS MANDABVA: Lazarus Mandabva was born 1977 in Nyanga, Zimbabwe. His passion for the hospitality and tourism industry manifested at an early stage. After working for a five star hotel in Harare, he moved down to South Africa where pursued his career by studying tourist guiding, gaining his certification for the Western Cape. Lazarus interacts easily with people from all walks of life. He enjoys sharing his culture and African tradition with everyone. He enjoys traveling and adventure activities.



CHRISTINE GIBSON: Christine was born and raised in Cape Town and attended school in Villiersdorp. Her in-depth knowledge of South Africa and love of travel lead her to a career in the tourism industry and began her guiding career in 1993. She has a tremendous general knowledge of a broad range of topics. Christine interacts very well with people of all ages and has worked with small and large groups. She is a registered tourist guide for the Western and Eastern Cape areas.



SULEIMAN SOEKER: Suleiman was born and bred in Cape Town and spent 27 years as a manager in the retail industry before becoming a Tour Guide for the Western Cape area. His tours are mostly small groups and a highlight for him is the interaction he enjoys with his guests, not only imparting information about our country to them, but learning about their countries as well.



LUCIJA BELLAÏRS: Lucija was born in Ermelo and grew up in the southern suburbs of Johannesburg where she completed her schooling. Shortly after matriculating she travelled Europe for a year, but her love for South Africa brought her back home and saw her settle down in Cape Town. It is her love for South Africa that motivated her to become a qualified tourist guide and today she is doing what she loves most – sharing her passion for her country and its people with her guests. Lucija enjoys hiking and doing anything in the outdoor environment in her spare time. Lucija's favourite line is “you arrive as my guest, and you leave as my friend”.



CLIVE DE VILLIERS: Born in Zimbabwe, Clive has lived in Namibia, and various provinces within South Africa, during his working career. His keen interest in the history and origins of Southern Africa along with his love for the outdoors has led him to become a full-time tourist guide. He has expanded his qualifications to guide in the Southern and Eastern Cape regions as well as the beautiful “Garden Route”. Clive has an excellent knowledge of the wine industry in the Cape and is passionate about promoting the region as a “world player” in quality wine production. In his spare time you’ll find him researching, reading and exploring our wonderful natural heritage of fauna and flora.



ROB BYRAM: Rob is Cape Town born and bred. Since childhood, he has had a passion for hiking and the outdoors, spending much of his free time exploring all the local mountain ranges, extensively. In addition to this, his taste for adventure sports has led him to qualify as a paraglider and skydiver. He is a qualified wine guide who enjoys introducing guests to Cape vineyards and also loves giving guests an insight into the Cape's unique flora while leading hikes up Table Mountain and Lion's Head.



CHRIS TROMP: Chris was born in Cape Town and has grown up in the Cape. Chris is a well-qualified and competent guide with an in-depth knowledge of South Africa. He has a 40 mile Skippers Ticket (for those keen on the sea and fishing). He loves leading trips around the wine lands of the Cape. In his free time Chris enjoys a round of golf, a good fishing trip- either off the coast or inland and he quietly admits to being a bit of an adrenalin junkie. Clients love Chris on safari, his stories, sense of humor and superb knowledge make him a wonderful and entertaining companion.



GRAHAM DOLLMAN: Graham is South African by birth and was raised and educated in Cape Town. He combines his passion for his country along with his business and personal experience to offer a unique insight into the new South Africa. Graham's knowledge of local bird species is superb and has led a number of specialist birding trips in the Western Cape. He is also an avid reader and has an ongoing interest in current affairs.

Cape Town Touring Trip Reports

In Cape Town - Andrew was our guide and he was fantastic!

Pam Hymel

Our guide in Cape Town was a retired teacher and we had a fascinating couple of days learning about everything from the history to the culture to the wildlife of South Africa, in addition to everything we saw on the tour.

Debbie North

Our guide was a 62 year old retired history teacher who has lived his entire life in Cape Town and loves the place and people. H took us all over the place, looking at the penguins, the garden, out around the peninsula and a variety of places in the city. He was more than happy to talk about local and national politics. Of all of the people we dealt with on our trip, he is the one who seemed most likely to actually come visit Alaska sometime.

Lauren Huff

We all were thrilled with Margrit as our tour guide. She was very knowledgeable, flexible and a lot of fun to tour with. She had great suggestions museums and other attractions to visit and for places to eat (we especially enjoyed the Green Dolphin for dinner and jazz).

Fran Katz



Waterfront with Table Mountain in background

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